

Our Mission:

The mission of the LIFE Program Alumni Association is to change the world through experiential education. We do this by providing charitable educational opportunities and support for the LIFE Program.

Our Vision:

Moving from making memories to leaving a legacy of Lifelong Instruction and Focus on Exploration.



VOL. 1, ISSUE 2 | MAY 2021

The LIFE Program Alumni Newsletter

Welcome to the Second Issue of our Quarterly Alumni Newsletter!



Doc's Words of Wisdom:

Summer is almost here! Looking forward to the summer of 2021, I challenge you to try something new and put yourselves out there this summer. Find the drive to launch yourself out of the Pandemic Blues and back into wellness. I hope to see you at our Summer Reunion events!

LIFE FINISH STRONG 2021 Challenge:

HEY LIFE Alumni!

TAKE THE CHALLENGE!

In honor of our Graduating Seniors (in high school and college), we are presenting the FINISH STRONG 2021 challenge: You must complete 20 miles in 21 days (or in 21 hours, if you are so inclined).

The challenge runs from May 1 - 21, 2021.

Register using this form TODAY:

LIFE FINISH STRONG 2021 Registration

https://docs.google.com/forms/d/e/1FAIpQLSd29nr_z_qrHkGH04kGM23ZeBpsDYyqSsODIkK7hD_yL8KFYA/viewform

Finishers will receive an awesome wristband!



Wake Up, You MUUELLES!

May 1-21: LIFE Finish Strong 2021 Challenge (See Below)

UNLV LIFE Meeting May 6th at 6pm

Interested in attending? email Doc - bfeinstein@thelifeprogram.net

Summer Alumni Reunion Events (See Next Page)

Doc's Upcoming Hidden Alumni Hikes:

May 9 - Mt. Charleston 20 Mile full day hike

for FINISH STRONG Challenge (Strenuous)

June 11-13 - GRAND CANYON NORTH RIM! (See next page)

June 19 - Frenchman Mtn. Sunset Hike!

Spring Fundraiser: Our Annual HikeATHon



Our HikeATHon was a success!

43 alumni donated over \$3000!

HUGE THANK YOU TO ALL ALUMNI WHO DONATED THIS YEAR! Personalized thank you's from the high schoolers are on their way.

See Page 4 for Alumni HikeATHon Pictures...

It is still not too late to donate!

We accept donations of all amounts. **Pay it forward.**

To donate online, please go to our website:

<https://thelifeprogram.net/index.php/donate/>

We also welcome checks or money orders.

Please make them out to "The LIFE Program Alumni Association" and send them to us at:

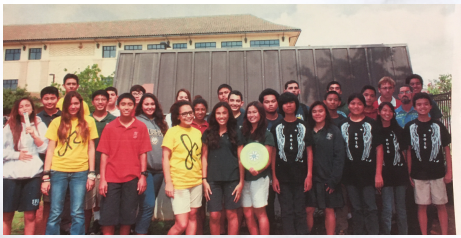
The LIFE Program Alumni Association

6440 Sky Pointe Road, Suite 140-258

Las Vegas, Nevada 89131

District Updates

Hawai'i



Aloha Hawaii LIFERz! ☐

As we start planning summer, we want to let you know that **we will be hosting a Summer reunion on July 17th.**

Please fill out this form (<https://forms.gle/rNwZmPa2mBqfHVLJA>) to register! Please fill out the survey I sent out so we can plan the details for this reunion. Also continue to inform any other LIFERz you know and help get their contact information.

Nevada

Get Excited...

We are hiking the North Rim of the Grand Canyon Friday, June 11 - Sunday, June 13!

Please fill out this form (<https://bit.ly/3njyCgK>) to register for the trip.

Have you gotten a chance to join us on a day hike yet? Check the schedule on the website to see what else is coming up this summer. Hope to see you soon!



Ohio



Ohio LIFERz unite! It has been too long since we have all been together, and that is unacceptable! We have an awesome opportunity to have a **2021**

Ohio Reunion and a bonus celebration of Dr. Feinstein's Birthday! The reunion will take place **Sunday, July 11th.** Follow this link for the registration form and mark it down on your calendar!

2021 Ohio LIFE Reunion Registration

We are still looking for contact info for our fellow Ohioans because the more, the merrier! Stay active and stay connected!

Hikes of the Quarter : Summertime Rules!

Hawai'i: Makapu'u Lighthouse Trail

Located on the southeastern tip of the Island of Oahu, the Makapu'u Lighthouse Trail is an enjoyable hike with stunning maritime views. The hike is 2 miles long with an elevation gain/loss of 500 feet.

The trail traverses to the apex of Makapu'u Head to an old lighthouse and offers scenic views of the Pacific Ocean. On a clear day, you can see all the way to the island of Molokai, and the views of the shores of Oahu are sublime. If you're lucky, you might even see some whales!

Las Vegas: Bristlecone Loop Trail

Located in the stunningly beautiful Spring Mountains, the Bristlecone Trail is one of the most enjoyable hikes in Southern Nevada, especially during the hot summer months. The hike itself is 6.3 miles long, with an elevation gain/loss of 1000 feet.

The trail winds its way through a high-elevation coniferous forest at about 8500 feet, and is named after the Bristlecone Pine Tree- a rare tree that you will see on this hike that can live up to 5,000 years!

Ohio: Charleston Falls

Located right outside of Tipp City, the Charleston Falls hike is one of the most scenic hikes in western Ohio, taking you right to a gorgeous waterfall. The hike itself is not too long either- at only 1.8 miles with a negligible elevation gain/loss. The hike meanders through a tranquil forest filled with Oaks, Maples, Elms, Sycamores, and other iconic Ohio deciduous trees. Fido can come along too- as dogs are allowed on this hike, provided they are on a leash. .

Keeping up With the High Schoolers!



MONTHLY CHALLENGES:

Dr. Feinstein has been hosting participation challenges for members of the program. We play Kahoot, trivia, etc. and those who win earn points. We also receive points for coming to meetings and attending hikes. The top 10-12 student winners get to pick prizes every month. This keeps us involved and is also a good way to bond!



HIKING:

Socially distanced hiking has continued as normal. We have several hikes throughout the month that members can sign up for with varying levels of difficulty.



MEETINGS:

In order to work within the restrictions of the pandemic, we've been meeting online this year. We have recently changed meeting time from Tuesday morning to Wednesday afternoon, which has resulted in more members attending regularly!



NEW MEMBERS:

Since our promotions for the program, we have gained a handful of new members, some of whom we have seen on a lot of our hikes already! Freshmen, sophomores, and junior members have joined us, meaning we have someone to move into the spots of graduating seniors.



SERVICE PROJECTS:

Finding service that we can all do collectively as a group this year is more difficult than it has been in the past, for obvious reasons. Instead, we've been doing clean up hikes!

LIFE Alumni Hike up Sunrise Mtn!



Diana in John Bryan



Hazel and Sarah in Red Rock



***Alumni in Action:
HikeATHon Pix!***

just breathe

Becky hits the trail!



Lory below Mt. Wilson



Tonya and Neve at Mt. Charleston

