

Our Mission:

The mission of the LIFE Program Alumni Association is to change the world through experiential education. We do this by providing charitable educational opportunities and support for the LIFE Program.

Our Vision:

Moving from making memories to leaving a legacy of Lifelong Instruction and Focus on Exploration.



VOL. 1 | FEBRUARY 2021

The LIFE Program Alumni Newsletter

Welcome to the First Issue of our Quarterly Alumni Newsletter!



Doc's Words of Wisdom:

"If you keep doing what you've always done, you're gonna keep getting the results you've always got. Push yourselves. Find your challenge, and go beyond it. It's just another mountain."

The Aloha Challenge

HEY LIFE Alumni!

We are sponsoring a LIFE Alumni Wellness Challenge called the Aloha Challenge.

We are personally challenging all of you to participate - you can walk, run, bike, hike, trail run, or whatever you like - but ya gotta do 8.5 miles on President's Day (February 15).

AND

YOU HAVE TO REGISTER USING THIS FORM

<https://forms.gle/p2iEi91BD7Qp8yc89>

Set a goal and follow through! You owe it to yourself.



Wake Up! You MUUELLES

Feb. 15 - LIFE Aloha Wellness Challenge (see below)

Check Out What the High Schoolers are up to:

<https://thelifeprogram.wordpress.com>

Doc's Hidden Alumni Hikes

Feb.28 - Fourtonia Ridge (Moderate)

Mar.14 - Los Dientes (Strenuous)

Mar.31 - El Padre (Ridiculously Hard)

Apr.18 - Sunrise Peak (Moderate)

Spring Fundraiser: Our Annual Hike - A - thon



We are holding our annual Spring Hike-A-Thon to support the high schoolers on April 11th.

We accept donations of all sizes and amounts.

Please consider making a donation today and **pay it forward.** Your help can change a life.

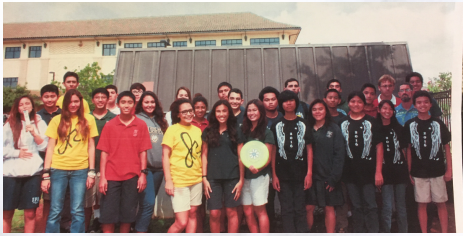
To donate online, please go to our website:

<https://thelifeprogram.net/index.php/donate/>

We also welcome checks or money orders. Please make them out to "The LIFE Program Alumni Association" and send them to us at The LIFE Program Alumni Association
6440 Sky Pointe Road, Suite 140-258 Las Vegas, Nevada 89131"

District Updates

Hawai'i



Aloha Hawai'i LIFErz! I hope this newsletter finds you and your family safe, healthy, and managing to navigate through these difficult times. We would love for you to stay connected with your LIFE Program ohana. Please send us your contact information and inform any other LIFErz you are in contact with. Continue to look out for information about future events and ways to support current and future LIFErz!

Nevada

LIFE in Nevada has stayed active during the pandemic with safe, socially distanced hikes in Red Rock Canyon, the Spring Mountains, and more. If you would like to join us, go to thelifeprogram.net for a calendar of our hikes and events. Also, I would call upon you to enter your information into the alumni directory, so you don't miss out on any important updates.



Ohio



What's up Ohio! We are continuing to gather contact information for all of the Ohio Alumni. If you are in contact with anyone who was a part of the program in Ohio, let them know to check out the website and fill out a contact form so they can stay "in the know" on all things LIFE! Also, be on the lookout for information on a spring Alumni Hike and other events as we look for more ways to stay connected

Hikes of the Quarter

Hawai'i: Aiea Loop Trail

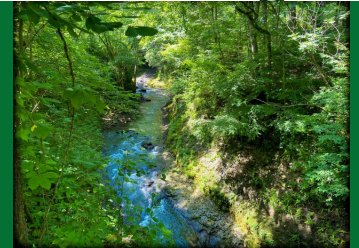


Located just north of Aiea, the Aiea Loop Trail is a classic Hawaiian hike. The hike is 4.8 miles long with an elevation gain/loss of 1230 feet. The trail meanders through the tropical Hawaiian rainforests of the Koolau Mountains.

Las Vegas: Goldstrike Hot Springs

Located in Lake Mead National Recreation Area, Goldstrike Hot Springs is one of the most iconic hikes in Southern Nevada. The hike itself is 5.2 miles long, with an elevation gain/loss of 1000 feet. The trail winds its way down Goldstrike Canyon, down to a hot spring near the mouth of the canyon at the shores of the mighty Colorado River.

Ohio: Clifton Gorge Loop



The Clifton Gorge Loop is one of the premier hikes in southwestern Ohio. The hike itself is 11.4 miles with a negligible elevation gain/loss, winding along the Little Miami River and traversing the gorgeous woodlands of the Glen Helen. There are several marquee stops along the trail, including Yellow Springs itself (the town's namesake), the Hopewell Indian Mound, and the Clifton Narrows and Falls.

Meet Your Board Members!

Dr. Benjamin Feinstein, Founder & Director



Dr. Benjamin Feinstein started the LIFE Program in 2002 and has established chapters in Ohio, Nevada, and Hawai'i. Since its inception, LIFE participants have traveled to and volunteered in over 30 National Parks in 45 states. In 2011, Feinstein wrote a book about the program, *LIFE: Lifelong Instruction and Focus on Exploration*. He is currently the President of the Nevada Association of IB World Schools (NAIBWS) and an Assistant Principal at Spring Valley High School in Las Vegas, NV.



Kathy Cordodova Secretary

Katherine was active in the LIFE Program from 2002-04 in Ohio. She is currently the co-director of the Goddard School in Grove City, OH, where she is in charge of virtual learning for young children.



Solomon Feinstein Treasurer

Solomon was active in the LIFE Program from 2013-17 in Nevada. He is finishing a B.S. in Geology from UNLV and intends to either go to graduate school or enter the workforce after.



Darrian Rapoza Activities Director

Darrian Rapoza was active in the LIFE Program from 2011-13 in Hawai'i. She currently works for Caesars Entertainment as a Regional Special Events Coordinator.



Rhenz Iloreta

Hawai'i Alumni Representative

Rhenz was active in the LIFE Program from 2010-14 in Hawai'i. He is currently pursuing a Masters in nursing at the University of Hawai'i at Manoa.



Jerome Wray

Alumni Director & Ohio Alumni Representative

Jerome was active in the LIFE Program from 2002-06 in Ohio. He works as the Program Director for The Salvation Army's Camp Swoney in Ohio.



Eric Duran Valle

Nevada Alumni Representative

Eric was active in the LIFE Program from 2015-16 in Nevada. He is currently the social media specialist for Vegas PBS and has a B.A. in English from UNLV.



Matthew House Technology Director

Matthew was active in the LIFE Program from 2005-07 in Ohio. He currently works at a Dental Insurance startup as a Software Engineer in Columbus, Ohio where he lives with his fiancé and cat.



Isabel Hillers Student Representative

Isabel is a senior at Spring Valley High School and has been active in LIFE since 2019. She's going to the UNLV Honors College to study biology in fall 2021.



Wilver Palencia Technology Advisor

Wilver was active in the LIFE Program from 2015-17 in Nevada. He is currently a field IT technician and is studying computer science.